

The Connection

SPECIAL EVENTS

Holiday Sea Glass Ornament
Thursday, December 1, 1 p.m.
Make a holiday ornament out of local SOMD sea glass. Great gift idea!

Santa's Workshop Craft Fair
Wednesday, December 7, 9 a.m.
Enjoy the spirit of Christmas and browse local artisans for one of a kind gifts. Special appearance by Santa!

DIY Fresh Greens
Friday, December 9, 1 p.m.
Learn how to decorate with fresh greens and make your very own piece to deck your halls!

Santa's Letters
Tuesday, December 13, 11 a.m.
Calling all elves. Get in the Christmas spirit and help Santa respond to the letters he receives from kids in our community!

Christmas Carol Sing Along
Monday, December 19, 12:30 p.m.
Spread Christmas cheer as we sing Christmas carols led by Barb & Donna.

Crazy Gift Exchange
Thursday, December 22, 12:45 p.m.
Bring a gift valued at \$10 and join the crazy gift exchange for an afternoon of fun! Swap, steal and see what gift you end up taking home!

Holiday Charades: Staff vs. Seniors
Friday, December 23, 1 p.m.
Join us for a "Friday Fun", game of Holiday-Themed Charades against the SPSC staff.

New Years Toast
Thursday, December 29, 12:30 p.m.
Celebrate with us as we remember special moments in 2022 and joyfully anticipate 2023!

Christmas Party

Friday, December 16

Wear your 'Ugly (or Pretty) Christmas Sweater to be entered into winning a prize!

- 11 a.m. Games & Raffle
- 12 p.m. Lunch (Must Register)
- 12:45 p.m. 24U Band



DECEMBER 2022



SOUTHERN PINES NEWS

20 Appeal Lane, Lusby MD 20657
Phone: 410-586-2748 Fax: 410-326-0673

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:30A Computer Lab 8:30A Fitness Room Open 8:30A Pool Room Open 8:30A Sewing Room Open 8:30A Open Art Studio 9:30A Ceramics \$ 10:00A Walk for Fun 12:30P Duplicate Bridge	8:30A Computer Lab 8:30A Fitness Room Open 8:30A Pool Room Open 9:30A Studio Art \$ 10:00A Gentle Yoga 12:30P Duplicate Bridge 1:00P Needlepoint/Embroidery 1:00P Let's Move 2:00P Pool Games	8:30A Computer Lab 8:30A Fitness Room Open 8:30A Pool Room Open 8:30A Sewing Room Open 9:00A Adventures in Art \$ 10:00A Walk for Fun 10:00A Line Dancing 11:00A Bone Builders	8:45A Computer Lab 8:30A Fitness Room Open 8:30A Pool Room Open 8:30A Sewing Room Open 9:00A Info & Assistance 9:30A Ceramics \$ 10:00A Let's Move 11:00A Bible Study 12:30P Chess 1:00P Knitting & Crocheting	8:30A Computer Lab 8:30A Fitness Room Open 8:30A Pool Room Open 8:30A Sewing Room Open 8:30A Open Art Studio 10:00A Walk for Fun 1:00P Oil Painting \$

OTHER SCHEDULED ACTIVITIES

<div><div>GET READY FOR THE NEW YEAR! Call to schedule a Fitness Orientation & Center Tour at 410-586-2748</div></div>		<div><div>+ = Pre-registration required \$ = Fee</div></div>	1 11:00A The Daniel Plan + 1:00P Holiday Sea Glass Ornament +	2 9:00A Fitness Consultations FITNESS FRIDAY
5 1:00P Living Well with Diabetes + 1:00P Creative Writing	6 11:00A Fresh Conversations: "Sunshine" Vitamin and the Connection with Depression +	7 9:00A Santa's Workshop Craft Fair 1:00P Song Circle 	8 11:00A Senior Council Meeting 11:00A The Daniel Plan + LUNCH SERVED AT 11:30A CENTER CLOSING AT 12:30P	9 1:00P DIY Fresh Greens+ 
12 9:00A-11:30A CalvertHealth Mobile Health Center 1:00P Living Well with Diabetes +	13 11:00A Santa Letters + 2:00P Grief & Loss Support	14 10:30A Center Tour & Fitness Orientation + 12:30P Birthday Party 50/50 BIRTHDAY RAFFLE	15 9:00A Ask the Pharmacist + 11:00A The Daniel Plan +	16 11:00A Games & Raffle 12:45P 24U Band + CHRISTMAS PARTY
19 12:30P Christmas Carol Sing Along +	20 9:00A Ask the Nurse 12:30P Calvert Library Bookmobile	21 1:00P Book Club: It All Comes Back To You, by Beth Duke	22 11:00A The Daniel Plan + 12:45P Crazy Gift Exchange +	23 1:00P Holiday Charades: Staff vs. Seniors +
26 CENTER CLOSED FOR OBSERVANCE OF CHRISTMAS 	27	28 1:00P Song Circle	29 12:30P New Year's Toast +	30